



LIVE WEBINAR WITH TOTAL BRAIN

Brain-Based Tips To Improve Public Speaking

Tame The Brain, Find Your Voice



THURSDAY, FEB 22 | 11:00AM EST

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Public speaking is often rated as a top fear by most people, yet it's at the very core of everything that makes us human. It's how we build and nurture relationships, share stories and ideas, learn and teach others, and have ourselves seen and heard.

Nearly all of us will be called upon to give a presentation at work or deliver a toast at a celebration, so it's helpful to learn tips to ease the anxiety of speaking. Join to learn key brain-based principles that can make a public speech incredible.

In this webinar, you'll learn:

- ✓ Discover your unique authenticity for delivering a speech.
- ✓ Learn how to prepare for the unexpected situation.
- ✓ Learn how to strengthen your confidence to deliver from passion.

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